



Warm Hands, Warm Hearts

pevonia®
BOTANICA



By combining nature's greatest healers and the latest scientific breakthroughs, Pevonia's face, body and spa care products provide stunning results using only natural and organically derived ingredients. Pevonia products contain no alcohol, lanolin, mineral oil, artificial colour or artificial fragrance and are strictly non-comedogenic and not tested on animals.



The Spa uses Pevonia Skin Care Products, combining nature's pharmacy from the earth and sea. Our therapists will discuss your individual concerns and needs, to achieve great skin.



MASSAGE | Body, Mind, Soul

MASSAGE

The Spa Signature 90 mins

Let your mind and body unwind and your skin be rejuvenated from top to toe with The Spa's Signature. A Tropical Salt Mousse body exfoliation, Fijian massage for muscle release and renewing facial experience that will leave your senses revived. The perfect compliment to your Fijian holiday.

Fijian Massage 60 mins / 90 mins

Embrace serenity and bid stress farewell with a contemporary Fijian body massage that finishes with a sensual scalp massage.

Sabai Stone 60 mins / 90 mins

This unique hot stone massage combines reflexology, aromatherapy and traditional massage techniques to reduce fatigue. A zinc and copper massage cream replenishes and repairs the skin.

Deep Tissue Massage 60 mins / 90 mins

An invigorating massage to relax tense muscles, body aches and stimulate blood circulation.

Four Hands Massage 60 mins

Be completely spoilt with two therapists rhythmically massaging, allowing you to unwind and drift away. This tandem calming massage will relax the mind, body and soul.

Maternity Massage 60 mins

Specifically designed for mothers-to-be, a pillow supports the belly for you to be completely relaxed and comfortable. Helps reduce back and neck pain associated with pregnancy. Smooth, relaxing strokes will put mother and baby at ease. Recommended after first trimester.

Beach Massage 60 mins

Experience the tranquil beachfront location with a traditional Fijian massage. This calming treatment is the perfect retreat.

The Spa Range of Aromatherapy oils

Harmony – Relaxation (lime, lemon and bergamot)

Purity – Soothing (rosewood, palmarosa and sandalwood)

Vitality – Invigorating (lemongrass, eucalyptus and peppermint)



FACE | Balance, Calm, Soothe

FACE

Myoxy Caviar and Pearl

60 mins

This luxurious facial is the ultimate in anti ageing. Combining Caviar to firm and strengthen and Escduox to smooth lines and wrinkles combined with South Sea Pearl Extract to deeply hydrate. Your skin will be visibly brighter and youthful. Ideal for anti ageing, dry and dull skin.

Plantomer

60 mins

Combining Propolis (to heal and soothe) and Algae (to cool and hydrate). This treatment will leave your skin refreshed and vibrant. Ideal for sensitive, combination, oily and acne or blemished skin.

For Men

60 mins

Mens Spa Club Signature Skin Fit Treatment counteracts the ageing process with this advanced treatment specifically formulated for men. This treatment visibly brightens and promotes healthy and youthful looking skin.

Teen Facial

45 mins

This introductory facial is perfect for young sensitive skin looking to reduce breakouts, calm and condition. Ideal from age 10 to early 20s with blemishes.

EYES

Ginko Biloba Eye Mask

Combining Ginkgo Biloba and Marine Collagen this is an anti fatigue mask for the eyes. Ideal for tired eyes, dehydration, dark circles, puffiness and lines.

Collagen Cryo-Wrinkle Smoothing

Smooth and plump fine lines and wrinkles around the eye area with this 100% Marine Collagen treatment. Ideal for men and women.



BODY & BATH | Restore, Rehydrate, Repair

BODY

Aromatic Moor Mud Wrap

75 mins

Releases and relieves muscle aches and pains whilst rejuvenating and healing the skin. Ideal for sore muscles, eczema/psoriasis, and arthritic conditions.

Tropical Escape Wrap

75 mins

This Luscious Crème Fraiche formula drenched with tropical Pineapple and Papaya, leaves skin deeply nourished, rejuvenated and reduces wrinkles.

Tropical Oasis Wrap

75 mins

This creamy yoghurt formulation combining tropical extracts of Mango and Passion Fruit leaves skin revived, refreshed, smoother, firmer and vividly brighter.

Water Lily Wrap

60 mins

Relieve sun sensitive skin with this soothing wrap. Water Lily, Green Tea and Chamomile heal, desensitise and cool skin temperature allowing you to get on with enjoying your holiday.

Aromatherapy Salt Glow

45 mins/ Upgrade

Restore skin's radiant glow with an exfoliating sea salt treatment combining a blend of Aromatic Marine and Mineral Salts with pure essential oils, rendering skin silky-smooth and mineralized.

Tropical Salt Mousse Scrub

45 mins/ Upgrade

The ultimate in "de aging" body exfoliations. The Tropical Salt Mousse Scrub buffs and polishes the skin and relieves the senses. Skin is left feeling smooth, supple and vibrant. Ideal for all skin types.

BATH SOAKS

Aroma-Milk Soak

15 mins

Aromatherapy salts and hydrosoluble oils help to soothe the body and mind while nourishing the skin.

Moor Balneotherapy

15 mins

A potent cocktail of medicinal plants that elevate core body temperature, aiding the release of natural, anti-inflammatory chemicals in the body, to help relieve joint pain.

HAND & FOOT

Traditional Manicure or Pedicure

30 mins

File, buff and polish.

Premier Hand Treatment

60 mins

Dip your fingers in a nourishing hand soak and we will take care of the rest. This softening, exfoliating and hydrating treat will leave your hands looking younger.

Premier Foot Treatment

60 mins

The ultimate spa pedicure with a softening salt soak, deep exfoliation and invigorating mask, followed by gels and softening creams.

Upgrade your Treatment

Paraffin moisturising - 15 mins

French tip polish - 15 mins

Nail art designs - 15 mins



HAND & FOOT | File, Buff, Polish

PACKAGES

Hilton Escape

3 hours

All your essential therapeutic treatments for a complete pampering experience. Aromatherapy Salt Glow, 1 hour Fijian massage, mini manicure and pedicure plus mini facial.

Couples Escape

1.5 hours

The perfect way to enjoy being pampered together with a 1 hour Fijian Massage and mini facial.

Executive Retreat for Him

2 hours

An essential retreat just for him! Full body scrub, back, neck and shoulder massage, mini facial and calf and foot massage.

Detox

2 hours

A must have if you are feeling tired, bloated, puffy or run down! This detox will have you feeling rejuvenated after we help breakdown unwanted toxins in your body. Begins with an Aromatherapy Salt Glow, Micronized Algae Wrap, finished with our 1 hour Fijian massage.

Bride to Be

3.5 hours

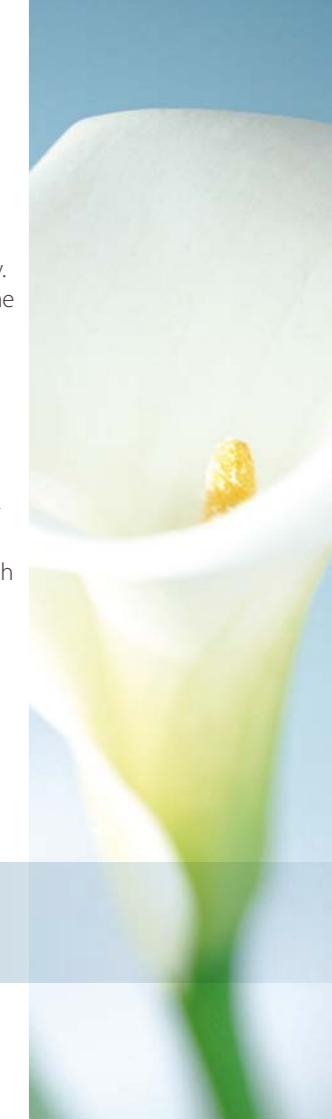
The ultimate experience before the big day. Treatment for the body, mind and soul. Your skin will be soft and glowing when you say "I Do"! Includes our Tropical Salt Mousse Scrub, back, neck and shoulder massage, mini manicure and mini pedicure with French polish, eyelash tint plus Aromatherapy facial.

Hilton Indulgence

5.5 hours

The ultimate in all day pampering from head to toe. Beginning with Tropical Salt Mousse Scrub and wrap with scalp treatment, 1 hour Fijian massage, premier hand and foot therapy plus Aromatherapy facial and our spa cuisine for lunch.

PACKAGES | Pamper, Retreat, Indulge





HAIR & MAKE-UP / WAXING & TINTING

HAIR & MAKE-UP

Repairing Moor Mud

15 mins

Reveal radiant healthy hair with Moor, a rich organic mud. This powerful hair and scalp treatment repairs and heals damaged hair, whilst a scalp massage will help nourish and absorb the Moor. Ideal for dandruff, psoriasis and dry scalp conditions.

Nourishing Milk

15 mins

Combine this with any treatment, a micro-emulsion oil is massaged into the hair and scalp, infused with warm towels to provide deep nourishment.

Hair Braiding

Relax, there's no need to worry about your hair whilst on holiday. Hair braiding will keep your hair in place and look great too. Ideal for everyone, single or full braid.

Bridal Hair

Look great on your special day with the perfect hair style. Consult with our team for the 'look' you want.

WAXING & TINTING

Make-Up Services

ELES Mineral Make-Up, a virtually weightless "second skin" formula using micronized minerals to protect and correct skin without irritation. Let us help you to choose the right colours, for a summer holiday makeover.

Waxing

Full Leg
Half Leg
Underarm
Forearm
Bikini
Brazilian
Back
Chest
Lip
Chin
Eyebrow

Tinting

Eyebrow
Eyelash

Henna Design

One Hand
Kids Tattoo

SPA MENU PRICE LIST

Massage

Fijian Massage	60 mins	\$190
	90 mins	\$260
Sabai Stone	60 mins	\$210
	90 mins	\$310
The Spa Signature	90 mins	\$260
Deep Tissue Massage	60 mins	\$190
	90 mins	\$260
Four Hands Massage	60 mins	\$280
Maternity Massage	60 mins	\$180
Beach Massage	60 mins	\$190

Facials

Myoxy Caviar and Pearl	60 mins	\$220
Plantomer	60 mins	\$195
Mens Spa Club Signature Skin Fit	60 mins	\$220
Teen Facial	45 mins	\$105
UPGRADE with Treatment/Individual		
Ginko Biloba Eye Mask	\$45	\$55
Collage Cryo-Wrinkle Smoothing	\$70	\$110

Body

Aromatic Moor Mud Wrap	75 mins	\$260
Tropical Escape Wrap	75 mins	\$310
Tropical Oasis Wrap	75 mins	\$310
Water Lily Wrap	60 mins	\$195
Aromatherapy Salt Glow	45 mins	\$135
	Upgrade	\$70
Tropical Salt Mousse Scrub	45 mins	\$145
	Upgrade	\$70

Bath Soaks

Aroma-Milk Soak	15 mins	\$40
Moor Balneotherapy	15 mins	\$40

Hand & Foot

Traditional Manicure or Pedicure	30 mins	\$55
Premier Hand Treatment	60 mins	\$100
Premier Foot Treatment	60 mins	\$100
Paraffin	15 mins	\$40
French Tip	15 mins	\$25
Nail Art Design	15 mins	\$40

Packages

Hilton Escape	3 hrs	\$540
Couples Escape	1.5 hrs	\$560
Executive Retreat for Him	2 hrs	\$335
Detox	2 hrs	\$430
Bride to Be	3.5 hrs	\$555
Hilton Indulgence	5.5 hrs	\$935

Hair

Repairing Moor Mud Treatment	15 mins	\$40
Nourishing Milk Treatment	15 mins	\$40
Single Braid		\$10
Full Head Braiding		\$90
Bridal Hair		\$180

Make-Up

Make-Up Services		\$55
------------------	--	------

Waxing

Full Leg	\$98
Half Leg	\$75
Underarm	\$55
Forearm	\$55
Bikini	\$55
Brazilian	\$98
Back	\$75
Chest	\$75
Lip	\$25
Chin	\$25
Eyebrow	\$35

Tinting

Eyebrow	\$35
Eyelash	\$35

Henna Design

One Hand	\$40
Kids Tattoo	\$10

SPA INFORMATION

Reservations

Bookings are essential for all treatments. Our friendly spa therapists are available to help guide and make your reservation suit your individual needs. Your room number or credit card details will be requested to hold your reservation.

Arrival

Arriving 10 minutes prior to your reservation will allow us to get you relaxed with a welcome sorbet. Late arrival will mean your treatment time will be adjusted accordingly.

Cancellation Policy

Cancellations and/or rescheduling of reservations require 12 hours notice. If a cancellation is advised within 12 hours, a 50% cancellation fee of your reservation will occur. All "no shows" will incur a 100% cancellation fee.

Payment

We accept cash, Visa, MasterCard, AMEX and JCB. Guests staying at the resort may charge to their room. All prices are in Fijian dollars and are inclusive of VAT.

Valuables

Please leave valuables and jewellery in your room safe. The spa cannot take responsibility for valuables lost or damaged.

Attire

Your modesty during treatments is important to us. You will be provided with a robe plus disposable underwear for body treatments. You may however wear your own bikini bottoms for body wraps if you feel more comfortable.

Etiquette

Please ensure all mobile phones are switched off prior to entering the spa. Children under the age of 16 must be accompanied by an adult.

SPA INFORMATION

Fiji Beach Resort & Spa

Managed by Hilton

pevonia®
BOTANICA



www.fijibeachresortbyhilton.com

Fiji Beach Resort and Spa Managed by Hilton
Denarau Island, Nadi, Fiji. Tel: (679) 675 6932 Fax: (679) 675 6801 Email: thespa.fiji@hilton.com
hilton.com